



# FOLK DANCE

FOLK COSTUMES IN  
POLAND

# Krakowiak/Oberek

The men wore thin striped trousers and dark-colored katanas. An obligatory element was a belt richly decorated with metal inserts. The headdress, in turn, was a rogatywka decorated with peacock feathers.



Women's costume consisted of a floral skirt, a white lace apron, a colorfully decorated serdak, and a wreath of flowers on the head, necessarily with colorful ribbons. Women's clothing also abounded in a large amount of red beads.

# Polonez/Mazur



A nobleman wears a high cap or a rogatywka cap called a confederate cap. The cap is made of precious fabric, trimmed with fur, decorated with a bunch of bird feathers and a brooch. On a silk, patterned żupan, fastened from the collar to the waist with a row of small, decorative, expensive buttons, he puts on a robe. A characteristic feature of the robe, decorated with buttons and loops, are cut sleeves called outlets, sometimes thrown over the back. The robe is girded several times with a shiny, long silk belt interspersed with golden thread. He wears wide trousers tucked into shoes sewn from soft leather, with diagonally cut uppers and turned-up toes, dyed yellow or red, called baczmagas. The outfit is complemented by an intricately made carabel decorated with gold and jewels, fastened to the side with a special belt with leather straps.

# Polonez/Mazur

The headgear of a noblewoman is a velvet cap with a fur rim cut open at the front, decorated with feathers and a jewel, called a cap. On top of an elegant dress, the skirt of which is either unbuttoned at the cornea and covers the feet, or reaches to the middle of the calf, the noblewoman puts on a silk skirt. Trimmed with expensive fur, fitted at the waist, flared at the hips, it has - like a robe - slit sleeves. Moroccan shoes worn by a noblewoman are usually colored yellow, white or red.



# Kujawiak



On his head, he wears a sheepskin cap rakishly pushed down over his ear. Over a white linen shirt tied with a decorative ribbon around the neck, she wears a short, long-sleeved caftan called a yak, made of red cloth.

On jace, she wears a katanka - a waistcoat without sleeves, long to the hips, sewn from navy blue fabric, decorated with loops on the chest, i.e. haberdashery sew-ons. The katana is also decorated with a red woolen belt tied in an intricate knot. The boy wears blue dress trousers, tucked into high leather boots, lined with horseshoes, with a corrugated upper in the ankle area.

# Kujawiak

The headgear is a scarf, strips of fabric arranged in an accordion and decorated with artificial flowers.

He puts on a white shirt a tight-fitting shoelace, and then puts on a kabat, a cloth caftan lined with wool, with a decorative cape. The generously gathered outer skirt is girdled with an apron called an apron. The sides of a satin or silk apron, usually pink or blue, are decorated with white embroidery. The outfit is accompanied by white stockings, festive lace-up shoes and red, real beads.

